



Sydney Seafood School Manager, Sally Webb says, "We are thrilled to introduce consumers to a whole new range of seafood species to help them create delicious dishes at home. There are so many options that are full of flavour and often more affordable than the traditional choices, helping to stretch the everyday budget.

"Each recipe in the cookbook has been created with affordability and seasonality top of mind as we know cost of living and shopping sustainably are key considerations for Aussies. We hope people are inspired to try something different and learn a new skill along the way. With 100 accessible recipes, there is truly something for everyone and any occasion."

To complement the delicious recipes, the cookbook also features superb food photography by Alan Benson and resplendent illustrations by renowned designer Emily O'Neill, making it the perfect addition to any kitchen or coffee table.

Released just in time for Christmas, *A Fish For All Seasons* is the perfect gift for the amateur chef or foodie friend in your life. Whether they are seafood aficionados or don't know where to start when cooking seafood at home, this cookbook is the gift that will keep on giving.

A Fish For All Seasons is available to purchase for pre-sale through the Sydney Fish Market website from Monday October 14th for RRP \$59.95. A preview of the cookbook is available [here](#).

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Alex Durward or Zoe Noble
DEC PR for Sydney Fish Market
Mobile: 0401 947 074 or 0400 726 414
Email: sydneyfishmarket@decpr.com.au

Stephanie Margrain
Sydney Fish Market
Mobile: 0400 308 614
Email: stephaniem@sydneyfishmarket.com.au